Friendship Heights Village Center



Calendar of Events 2018

M R \mathbf{H} **THURSDAY SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY** 8:15 a.m.: Walking :15 a.m.: Drop-in Tai 8:15 a.m.: Walking Club Chi Club 10 a.m.: Seated Yoga 10:30 a.m.: Coffee and 10 a.m. - 12 p.m.: Tech 11 a.m. – 4 p.m.: Village Current Events Help Playtime 10:30 a.m.: Balance, 10:30 a.m.: Basic 11 a.m.: Still Life and Movement and Photography Memory Beyond 7 p.m.: Movie: Roman J. Israel, Esq. 8:15 a.m.: Walking 9:15 a.m.: Drop-in Tai 9:30 a.m.: Tai Chi 8:15 a.m.: Walking 8:15 a.m.: Walking 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi Intro. 9:30 a.m. – 1:30 p.m.: Coffee and Club Chi Ongoing 10:15 a.m.: Yiddish Club Club 10 a.m.: Great Books 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall 9:30 a.m.: Photography 10 a.m.: Seated Yoga 10:30 a.m.: Coffee and 12:30 p.m.: Bridge 11 a.m.: Chair Exercise Current Events 10:30 a.m.: Balance, 11 a.m.- 4 p.m.: Village for Children Sunday Papers Club 12 p.m.: Chess Group Playtime 10:30 a.m.: Basic 1 p.m.: Strength Prevention 1 p.m.: All in the Eyes 11 a.m.: Still Life and Movement and Photography Training 2 – 4 p.m.: Nurse Specialist Memory 5:30 p.m.: Community Beyond 1 p.m.: Abstract Advisory Committee Mtg. 7 p.m.: Movie: Murder 3 - 4 p.m.: Tea Painting on the Orient 6:30 p.m.: Pilates Express 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi Intro. 9:15 a.m.: Drop-in Tai 8:15 a.m.: Walking 8:15 a.m.: Walking 8:15 a.m.: Walking Ongoing 10:15 a.m.: Yiddish 10 a.m.: Great Books Club Club Chi Club 10:30 a.m.: Coffee and 10 a.m. - 12 p.m.: Tech 12 – 4 p.m.: Blood Coffee and 12:30 p.m.: Bridge 10 a.m.: Seated Yoga Pressure Screening 1 p.m.: Balance and Fall 11 a.m.: Chair Exercise Current Events Help Club Sunday Papers 11 a.m.- 2 p.m.: 1 p.m.: Strength 10:30 a.m.: Photography 11:30 a.m. - 1:30 p.m.: Art Reception 12 p.m.: Chess Group 10:30 a.m.: Balance, Glaucoma 1 p.m.: All in the Eyes Movement and for Children Training Prevention Screenings 1 p.m.: Suburban Lecture: "Nutrition 2 p.m.: Speech Therapy Memory 11 a.m. - 4 p.m.: Village 1 p.m.: Abstract and Support Playtime After 50" Group
2 – 4 p.m.: Nurse Painting 11 a.m.: Still Life and 5:30 p.m.: Program Beyond Advisory
Committee Mtg. Specialist 7 p.m.: Movie:The Big 3 - 4 p.m.: Tea 7:30 p.m.: Concert: Sior-Og and Irish Dancers 23 8:15 a.m.: Walking 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 8:15 a.m.: Walking 9:15 a.m.: Drop-in Tai Ongoing 10:15 a.m.: Yiddish Club 10 a.m. - 2 p.m.: MVA Mobile Office 11 a.m.: Book Club Chi 9:30 a.m.: Photography for Children 12 – 4 p.m.: Blood 10 a.m.: Seated Yoga 10:30 a.m.: Coffee and Coffee and 11 a.m.: Chair Exercise Pressure 11 a.m. – 4 p.m.: Village 10 a.m.: Great Books Current Events Sunday Papers 1 p.m.: Balance and Fall 12 p.m.: Chess Group 10:30 a.m.: Basic 12:30 p.m.: Bridge Playtime 10:30 a.m.: Balance, 1 p.m.: Tea and Talk: "A Photography Prevention Club 11 a.m.: Still Life and Movement and New Approach to 2 - 4 p.m.: Nurse 1 p.m.: Strength Memory Beyond **Diabetes"** 1 p.m.: All in the Eyes Specialist 1 p.m.: Abstract Training
7 p.m.: Café Muse 7 p.m.: Movie: Hidden 3 – 4 p.m.: Tea Painting **Figures** 7 p.m.: Mental Health 6 p.m.: Depart for Tour Issues in the of Monuments 6:30 p.m.: Pilates Elderly 7:30 p.m.: FRIENDSHIP **HEIGHTS COUNCIL MEETING** 8:15 a.m.: Walking 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: 9:15 a.m.: Drop-in Tai 9:30 a.m.: Tai Chi 8:15 a.m.: Walking 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club Ongoing 10:15 a.m.: Yiddish 10 a.m. – 12 p.m.: Tech Help 10 a.m.: Great Books Club 10:30 a.m.: Coffee and Coffee and 12 – 4 p.m.: Blood 10 a.m.: Seated Yoga 12 p.m.:Vision Sunday Papers 11 a.m.: Chair Exercise Current Events 11 a.m. - 4 p.m.: Village Pressure Screening 1 p.m.: Balance and Fall 10:30 a.m.: Basic **Support Lunch** 1 p.m.: Abstract 12 p.m.: Chess Group Playtime Photography 1 p.m.: All in the Eyes and Learn a.m.: Still Life Prevention 12:30 p.m.: Bridge Club Beyond 2 - 4 p.m.: Nurse Friday Morning 1 p.m.: Strength Training Specialist 7 p.m.: Movie: **Music Club** 6:30 p.m.: Female 3 – 4 p.m.: Tea **Ferdinand Computers** in 6:30 p.m.: Pilates Astronomy

Shuttle bus hours



Monday through Friday Saturday and Sunday 6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

Put a little art in your children's summer plans

Our weeklong art camp for children returns **Monday**, **June 18**, **through Friday**, **June 22**.

Run by our curator Millie Shott, the camp offers children ages 6 to 12 a fun way to tap into their individual creative genius.

The annual camp is unique among art camps in that participants create fine arts projects that are tailored for little hands.

Children will complete a variety of art projects, ranging from painting to pottery, to printmaking and jewelry. The camp takes place from 9:30 a.m. to 1 p.m. daily at the Village

Children must have completed kindergarten to qualify. The cost is \$250 per child. Sign up before April 1 and pay only \$225 per child.

Please come in person to the Village Center to ensure a space; this camp will fill up quickly.